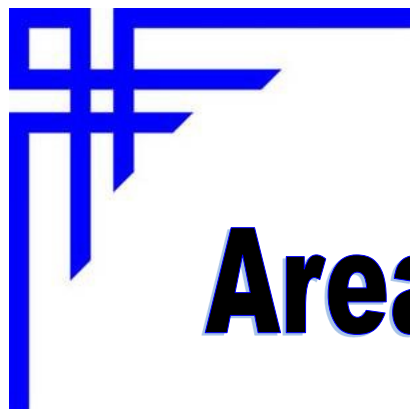




KEDDO

Area Agency on Aging

FY 2025-2027

Resource Directory



SERVING THE COUNTIES OF:

CHOCTAW

HASKELL

LATIMER

LeFLORE

McCURTAIN

PITTSBURG

PUSHMATAHA

Kiamichi Economic Development

District of Oklahoma

Caring Assistance Line

1-800-211-2116

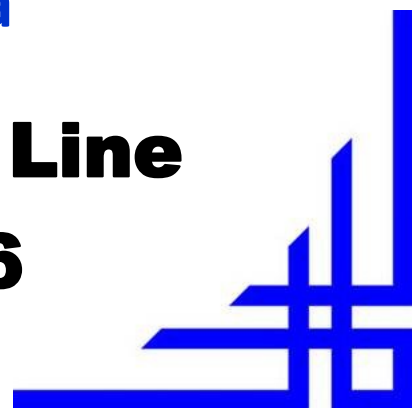


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Foreword

This Resource Directory has been compiled and published by the KEDDO Area Agency on Aging Information and Assistance Service (I&A) for the older people, their families and caregivers who live in Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, and Pushmataha counties of Southeastern Oklahoma.

A sincere effort has been made to include those resources which most directly relate to the older people and their needs. When using this guide, please keep in mind that the information accumulated concerning services and telephone numbers are subject to change. Please contact this agency of any changes that occur for updated material.

Should you desire more information or assistance regarding services, call or write:

KEDDO Area Agency on Aging

1002 Hwy 2 North
Wilburton, Oklahoma 74578
Phone: 1-800-722-8180 or (918) 465-2367
Fax: (918) 465-3873

KEDDO AAA DIRECTOR

Samantha Humphreys

Brynn Crunk - - - I&A Specialist

Ashley Adams - - - Caregiver Coordinator

Renee Johnson - - Ombudsman Supervisor

Shawna Nixon - - Ombudsman Supervisor

CARING ASSISTANCE LINE

1 800 211 2116

KEDDO Area Agency on Aging Mission Statement

It is the mission of the KEDDO Area Agency on Aging to be visible advocates and leaders which will develop greater capacity and foster the development and implementation of comprehensive and coordinated systems to serve older individuals.

The intent of this agency is to secure and maintain maximum independence and dignity in a home environment for older individuals capable of self care with supportive services, remove individual and social barriers to economic and personal independence for older individuals; provide a continuum of care for vulnerable older individuals and to secure the opportunity for older individuals to live dignified, productive, and independent lives.

Long Term Goals

- ⇒ Develop a comprehensive area plan every four years to better serve the elderly in the KEDDO seven county area.
- ⇒ Evaluate services to older people.
- ⇒ Increase public awareness of the needs of older people.
- ⇒ Administer funds and technical assistance for programs serving older people.
- ⇒ Disseminate information about aging and aging programs available in the area.
- ⇒ Receive input on planning and operation of the program through an advisory council.

Aging Services

NATIONAL ELDERCARE LOCATOR (www.eldercare.acl.gov)	1-800-677-1116
OKLAHOMA CAREING ASSISTANCE LINE	1-800-211-2116
OKLAHOMA COMMUNITY LIVING ADULT PROTECTIVE SERVICES (okdhs.org)	1-405-521-2281
OKLAHOMA STATE OMBUDSMAN PROGRAM	1-405-521-6734
FEED THE NEED FOUNDATION FOR RURAL OKLAHOMA, INC	1-580-981-7005

Abuse Protection

Oklahoma law makes it mandatory that citizens report all suspected physical or emotional abuse, neglect or financial exploitation of elderly and incapacitated persons. All names are kept confidential.

ADULT ABUSE HOTLINE (Statewide)	1-800-522-3511
CHOCTAW NATION CHILDREN & FAMILY SERVICES	1-800-522-6170
KIBOIS WOMEN'S SHELTER (domestic violence-Stigler)	1-918-423-3525
OKLAHOMA COALITION AGAINST DOMESTIC VIOLENCE & SEXUAL ASSAULT HOTLINE (safeline)	1-800-522-7233
S.O.S. FOR FAMILIES (Southeastern Oklahoma Services-Idabel)	1-580-286-5262
WOMEN'S CRISIS SERVICES OF LEFLORE COUNTY	1-918-647-9800

Adult Day/Respite Services

CHOCTAW NATION FAMILY CAREGIVER PROGRAM	1-580-745-9017
FEED THE NEED CAREGIVER RESPITE SERVICES	1-580-236-3705
	1-800-722-8180
JACK C. MONTGOMERY V.A. MEDICAL CENTER	1-918-577-3000
THREE'S COMPANY SITTER SERVICE INC.	1-580-298-9870
TRUE LIVING ADULT DAY CARE, LLC (McAlester)	1-918-302-9953

Alcohol & Substance Abuse

ALCOHOLICS ANONYMOUS	1-405-524-1100
CHOCTAW NATION RECOVERY CENTER	1-918-567-2389
COCAINE ANONYMOUS	1-405-560-0017
DEPARTMENT OF MENTAL HEALTH & SUBSTANCE ABUSE	1-800-522-9054
FEDERAL SUBSTANCE ABUSE & MENTAL HEALTH SERVICES	1-800-729-6686
HARBOR HOUSE, INC. (Ft. Smith)	1-479-785-4083
KIAMICHI COUNCIL ON ALCOHOLISM & OTHER DRUGS (Idabel)	1-580-286-3301
KIAMICHI COUNCIL ON ALCOHOLISM & OTHER DRUGS (Hugo)	1-580-326-7862
NARCONON ARROWHEAD DRUG REHAB	1-800-468-6933
NARCOTICS ANONYMOUS (Southern OK)	1-888-851-1246
NATIONAL REFERRAL LINE FOR SUBSTANCE ABUSE & MENTAL HEALTH TREATMENT FACILITIES	1-800-662-4357
OAKS REHABILITATION CENTER (Stigler)	1-918-967-4463
OAKS REHABILITATION CENTER (McAlester)	1-918-423-6030
OKLAHOMA BUREAU OF NARCOTICS & DANGEROUS DRUGS	1-800-522-8031
REACH OUT (Mental Health & Substance Abuse Statewide Hotline)	1-800-522-9054
TOBACCO HELPLINE	1-800-784-8669
V.A. HOSPITAL SUBSTANCE ABUSE	1-405-456-3278
VALLIANT HOUSE	1-580-933-7031

Consumer Services

ATTORNEY GENERAL'S OFFICE	1-405-521-3921
BETTER BUSINESS BUREAU-17 S. Dewey, OKC, OK 73102	1-405-239-6081
COALITION OF ADVOCATES FOR RESPONSIBLE ELDERCARE	1-405-524-8338
CHOCTAW NATION CAREGIVER SERVICES	1-580-745-9017
CHOCTAW NATION SENIOR EMPLOYMENT SERVICES	1-800-522-6170
CHOCTAW NATION TRIBAL COMPLEX (Durant)	1-800-522-6170
CONSUMER PROTECTION UNIT	1-405-271-5243
EQUAL EMPLOYMENT OPPORTUNITY COMMISSION	1-800-669-4000

HEALTH DEPARTMENTS -

CHOCTAW COUNTY—103 S. 4th Street, Hugo, OK 74743	1-580-326-8821
HASKELL COUNTY—901 NW 6th Street, Stigler, OK 74462	1-918-967-3304
LATIMER COUNTY— 201 W. Main, Wilburton, OK 74578	1-918-465-5673
LeFLORE COUNTY— 1204 Dewey Ave, Poteau, OK 74953	1-918-647-8601
McCURTAIN COUNTY—1400 Lynn Lane, Idabel, OK 74745	1-580-286-6628
PITTSBURG COUNTY-1400 E. College Ave, McAlester, OK 74501	1-918-423-1267
PUSHMATAHA COUNTY—318 W. Main, Antlers, OK 74523	1-580-298-6624
MEDICAID FRAUD CONTROL UNIT	1-405-522-2963
MEDICARE FRAUD/ABUSE NATIONAL HOTLINE	1-800-447-8477
OKLAHOMA DEPARTMENT OF CONSUMER CREDIT	1-405-521-3653
OKLAHOMA HUMAN RIGHTS COMMISSION	1-405-521-3441
OKLAHOMA MEDICARE FRAUD UNIT	1-800-522-0071
OKLAHOMA CORPORATION COMMISSION	1-800-521-2211
OKLAHOMA TAX COMMISSION	1-405-521-3160
SENIOR HEALTH INSURANCE COUNSELING PROGRAM (aka MAP)	
400 NE 50th Street	
Oklahoma City, OK 73105	1-800-522-0071
THREE'S COMPANY—PRIVATE CAREGIVER SITTER AGENCY	1-580-298-9870
USDA MEAT & POULTRY HOTLINE	1-888-674-6584
VISUAL SERVICES-513 E. Washington, Idabel, OK 74745	1-580-286-3789

Counseling/Mental Health/Support Groups

ALZHEIMER'S ASSOCIATION-OKLA. CHAPTER HELPLINE	1-800-272-3900
CREEKS BEHAVIORAL HEALTH SERVICES, INC. (McAlester)	1-918-420-5343
(Poteau)	1-918-647-7000
<i>CARL ALBERT COMMUNITY MENTAL HEALTH CENTERS</i>	
HEAVENER (Satellite)	1-918-653-7718
HUGO (Satellite)	1-580-326-7531
IDABEL (Satellite)	1-580-286-6639
McALESTER (Main Facility)	1-918-426-7800
STIGLER (Satellite)	1-918-967-8491
DEPARTMENT OF MENTAL HEALTH & SUBSTANCE ABUSE	1-405-522-3908
GAMBLING HELPLINE	1-800-522-4700
GAMBLERS ANONYMOUS	1-405-525-2026
LIGHT HOUSE CRISIS LINE	1-800-522-1090
MEMORY CAFÉ (fourth Tuesday of month– Poteau)	1-918-647-7008
NAMI OKLAHOMA SUPPORT FOR MENTAL HEALTH	1-405-601-8283
REACH OUT (Mental Health Statewide Hotline)	1-800-522-9054
SEQUELCARE COMMUNITY BASED SERVICES (Antlers)	1-580-298-2830
SOUTHEASTERN OKLAHOMA FAMILY SERVICES (Hugo Clinic)	1-580-326-7400
(McAlester Outpatient)	1-918-302-0389
SUICIDE PREVENTION LIFELINE (National)	988

Disabilities/Handicap Services

AMERICAN COUNCIL FOR THE BLIND	1-800-424-8666
AMERICAN FOUNDATION FOR THE BLIND-	1-212-502-7600
BOOKS FOR THE BLIND- A.K.A. TALKING BOOKS (National Library Service for the Blind & Physically Handicap)	1-888-657-7323
CHOCTAW NATION SOCIAL SERVICES– (Tribal Complex)	1-800-522-6170
 <i>DEPARTMENT OF HUMAN SERVICES –DHS</i>	
CHOCTAW COUNTY– 500 E. Rosewood St, Hugo, OK 74743 (access point)	1-405-522-5050
HASKELL COUNTY - No location or Access	1-405-522-5050
LATIMER COUNTY– 300 W. Main, Wilburton, OK 74578 (access point)	1-405-522-5050
LeFLORE COUNTY– 204 Wall St, Poteau, OK 74953	1-405-522-5050
McCURTAIN COUNTY– 906 SE Washington, Idabel, OK 74745	1-405-522-5050
PITTSBURG COUNTY– 1900 S. Main, McAlester, OK 74501	1-405-522-5050
PUSHMATAHA COUNTY– 104 S.E. “B”, Antlers, OK 74523	1-405-522-5050
DISABLED AMERICAN VETERANS (National Headquarters)	1-877-426-2838
HANDICAPPED CONCERNES & CLIENT ASSISTANCE	1-800-522-8224
HANDICAPPED PARKING PERMITS	1-800-522-8224
OKLA. ABLE TECH	1-800-257-1705
OKLAHOMANS FOR INDEPENDENT LIVING (OIL) - McAlester	1-918-426-6220
OKLA. FOUNDATION FOR THE DISABLED ADULT DAY CARE	1-405-842-6636
OKLA. DEPARTMENT OF REHABILITATION SERVICES	1-800-845-8476
OKLA. LIBRARY FOR BLIND & PHYSICALLY HANDICAPPED	1-800-523-0288
OKLA. RELAY-Operator Services for the Deaf (TTY/VCO/HCO)	711 or 800-722-0353

Education & Employment

CHOCTAW NATION EDUCATION/VOCATIONAL DEVELOPMENT	1-580-920-2260
1802 Chukka Hina, P.O. Box 1210, Durant, OK 74702	1-800-522-6170
EQUAL EMPLOYMENT OPPORTUNITY COMMISSION	1-800-669-4000
EXPERIENCE WORKS, INC. (older workers program)	1-866-397-9757

COLLEGES -

EASTERN OKLAHOMA STATE COLLEGE (EOSC)	
1301 W. Main, Wilburton, OK 74578	1-918-465-2361
EASTERN OKLAHOMA STATE COLLEGE - McAlester Campus	
1802 E. College Avenue, McAlester, OK 74501	1-918-426-5272
CARL ALBERT STATE COLLEGE	
1507 S. McKenna, Poteau, OK 74953	1-918-647-1200
SOUTHEASTERN OKLAHOMA STATE UNIVERSITY-Idabel Campus	1-580-376-5202
2805 N.E. Lincoln Road, Idabel, OK 74745	1-888-286-9431

LIBRARIES -

CHOCTAW COUNTY LIBRARY (Hugo)	1-580-326-5591
HASKELL COUNTY LIBRARY - Stigler Public Library	1-918-967-4801
LATIMER COUNTY - Wilburton Public Library	1-918-465-3751
LeFLORE COUNTY - Patrick Lynch Public Library (Poteau)	1-918-647-4444
Heavener Public Library	1-918-653-2870
Spiro Public Library	1-918-962-3461
Talihina Public Library	1-918-567-2002
Wister Public Library	1-918-655-7654
McCURTAIN COUNTY - Broken Bow Public Library	1-580-584-2815
Idabel Public Library	1-580-286-6406
PITTSBURG COUNTY - Hartshorne Public Library	1-918-297-2113
McAlester Public Library	1-918-426-0930
PUSHMATAHA COUNTY - Cartwright Memorial Library (Clayton)	1-918-569-4776

Education & Employment (continued)

OSU COUNTY EXTENSION OFFICES: provides programs such as home economics education and financial planning

CHOCTAW COUNTY– 415 East Rena, Hugo, OK 74743	1-580-326-3359
HASKELL COUNTY– 105 S.E. 3rd, Suite A, Stigler, OK 74462	1-918-967-4330
LATIMER COUNTY– P.O. Box 266, Wilburton, OK 74578	1-918-465-3349
LeFLORE COUNTY-103 N. Church, Poteau, OK 74953	1-918-647-8231
McCURTAIN COUNTY– 108 N. Central, Suite B, Idabel, OK 74745	1-580-286-7558
PITTSBURG COUNTY– 707 West Electric, McAlester, OK 74501	1-918-423-4120
PUSHMATAHA COUNTY– 306 S.W. “B”, Antlers, OK 74523	1-580-298-5563

VO-TECH

CHOCTAW COUNTY - 107 S. 15th Street, Hugo, OK 74743	1-580-326-6491
HASKELL COUNTY - 1410 Old Military Road, Stigler, OK 74462	1-918-967-2801
LeFLORE COUNTY - 1509 S. McKenna, Poteau, OK 74953	1-918-647-4525
610 SW 3rd, Spiro, OK 74959	1-918-962-3722
13739 S.E. 202 Road, Talihina, OK 74571	1-918-567-2264
McCURTAIN COUNTY - 3205 Lincoln Road N.E., Idabel, OK 74745	1-580-286-7555
PITTSBURG COUNTY - 301 Kiamichi Drive, McAlester, OK 74501	1-918-426-0940
PUSHMATAHA COUNTY - 405 S.W. “O” Street, Antlers, OK 74523	1-580-298-6354

OKLAHOMA WORKS (job referral, testing, counseling, training, etc.)

STATEWIDE REFERRAL LINE	1-800-487-4042
LeFLORE COUNTY	1-918-647-3124
McCURTAIN COUNTY	1-580-286-6667
PITTSBURG COUNTY	1-918-423-6830

Financial & Emergency Assistance

AMERICAN RED CROSS SOUTHEASTERN CHAPTER

700 Independence St., Shawnee, OK 74804 1-405-273-8800

COMMUNITY ACTION AGENCIES

KIBOIS COMMUNITY ACTION -	McAlester	1-918-423-3525
	Poteau	1-918-647-3267
	Stigler	1-918-967-3325
	Wilburton	1- 918-465-3381
LIFTING INDIVIDUALS FOR TOMORROW (LIFT) - Antlers		1-580-298-2921
	Broken Bow	1-580-584-6033
	Hugo	1-580-326-3351
	Idabel	1-580-286-9348

DEPARTMENT OF HUMAN SERVICES –DHS

CHOCTAW COUNTY– 500 E. Rosewood St, Hugo, OK 74743 (access point)	1-405-522-5050
HASKELL COUNTY - No location or Access	1-405-522-5050
LATIMER COUNTY– 300 W. Main, Wilburton, OK 74578 (access point)	1-405-522-5050
LeFLORE COUNTY– 204 Wall St, Poteau, OK 74953	1-405-522-5050
McCURTAIN COUNTY– 906 SE Washington, Idabel, OK 74745	1-405-522-5050
PITTSBURG COUNTY– 1900 S. Main, McAlester, OK 74501	1-405-522-5050
PUSHMATAHA COUNTY– 104 S.E. “B”, Antlers, OK 74523	1-405-522-5050
SALVATION ARMY PROGRAM - McAlester Branch	1-918-423-3525
Poteau Branch	1-918-647-8780
OG&E WEATHERIZATION PROGRAM	1-800-272-9741
(must be a customer and be 65 years of age and older and meet program guidelines)	
OKLAHOMA DEPARTMENT OF EMERGENCY MANAGEMENT	1-405-521-2481

<i>Financial & Emergency Assistance (continued)</i>

SOCIAL SECURITY ADMINISTRATION

NATIONAL NUMBER	1-800-722-1213
ANTLERS, McALESTER, STIGLER, WILBURTON	1-877-893-4665
902 S. George Nigh, McAlester, OK 74501	TTY 1-800-325-0778
POTEAU, BROKEN BOW	1-877-405-7697
1306 Tarby Road, Poteau, OK 74953	TTY 1-800-325-0778
HUGO, IDABEL	1-888-619-4772
2805 Pine Mill Road, Paris, TX 75460	1-800-325-0778

USDA RURAL DEVELOPMENT

SOUTHEAST OKLAHOMA - Ada - 1328 Craddock Road	1-580-332-3070
Atoka - 102 West Ruth Avenue	1-580-889-2554
VETERANS ADMINISTRATION - Oklahoma	1-888-655-2838
	1-405-521-3684
JACK C. MONTGOMERY VA MEDICAL CENTER - Muskogee	1-918-577-3000
SAM RAYBURN MEMORIAL VETERANS CENTER - Bonham, TX	1-800-924-8387

Health & Disability

AIDS/HIV STATEWIDE HOTLINE	1-800-535-2437
ABLE TECH - ASSISTIVE TECHNOLOGY	1-800-257-1705
ALZHEIMER'S ASSOCIATION - National	1-800-272-3900
Oklahoma Chapter - Tulsa	1-918-392-5000
AMERICAN CANCER SOCIETY - National	1-800-227-2345
Tulsa Office	1-888-376-1725
AMERICAN DIABETES ASSOCIATION - National	1-800-342-2383
Tulsa Office	1-918-492-3839
AMERICAN HEART ASSOCIATION - National	1-800-242-8721
Tulsa Office	1-918-877-8359
CENTERS FOR DISEASE CONTROL INFORMATION LINE	1-800-232-4636
D-DENT (dental program for eligible senior citizens)	1-800-522-9510
DELTA DENTAL	1-800-522-0188 ext. 771
EASTERN OKLAHOMA DONATED DENTAL SERVICES (EODDS)	1-918-742-5544
(65 years of age and older and low income, other guidelines may exist)	

HEALTH DEPARTMENTS -

CHOCTAW COUNTY— 500 E. Rosewood St, Hugo, OK 74743 (access point)	1-405-522-5050
HASKELL COUNTY - No location or Access	1-405-522-5050
LATIMER COUNTY— 300 W. Main, Wilburton, OK 74578 (access point)	1-405-522-5050
LeFLORE COUNTY— 204 Wall St, Poteau, OK 74953	1-405-522-5050
McCURTAIN COUNTY— 906 SE Washington, Idabel, OK 74745	1-405-522-5050
PITTSBURG COUNTY— 1900 S. Main, McAlester, OK 74501	1-405-522-5050
PUSHMATAHA COUNTY— 104 S.E. "B", Antlers, OK 74523	1-405-522-5050

Health & Disability (continued)

NATIONAL STROKE ASSOCIATION	1-800-787-6537
OFFICE OF DISABILITY CONCERNS	1-800-522-8224
OKLAHOMA BLOOD INSTITUTE - Tulsa	1-888-584-7557
OKLAHOMA DEPARTMENT OF REHABILITATION - OKC	1-800-845-8476
Idabel	1-800-487-4042
McAlester	1-918-302-4200
Poteau	1-918-647-8121
OKLAHOMA HEALTHY AGING INITIATIVE	1-855-227-5928
PARKINSON FOUNDATION OF OKLAHOMA - Tulsa	1-918-877-2704
UNIVERSITY OF OKLAHOMA HEALTH SCIENCES CENTER - DONALD W. REYNOLDS DEPART. OF GERIATRIC MEDICINE OU MEDICAL CTR. SR. HEALTH CLINIC	1-405-271-3050
VETERANS ADMINISTRATION - Oklahoma	1-888-655-2838
	1-405-521-3684
VETERANS ADMINISTRATION - WOMEN'S HOTLINE	1-855-829-6636
JACK C. MONTGOMERY VA MEDICAL CENTER - Muskogee	1-918-577-3000
McAlester	1-888-397-8387 ext. 1535
Idabel	1-580-920-7200
SAM RAYBURN MEMORIAL VETERANS CENTER - Bonham, TX	1-800-924-8387
V.A. NATIONAL CAREGIVER SUPPORT LINE	1-855-260-3274

Hearing Resources

HEAR NOW - STARKEY HEARING FOUNDATION	1-866-354-3254
HEARING AID HELPLINE	1-800-521-5247
MIKE WARD HEARING CENTER	1-918-426-4742
OKLAHOMA DEPARTMENT OF REHABILITATION EQUIPMENT DISTRIBUTION PROGRAM (Senior Hearing Aid Project)- SULPHUR	Video Phone 1-405-294-3977

Home Health & Hospice Services

There are various home health and hospice agencies in our planning service area: we have not attempted to list each one due to the danger of inadvertently omitting one or more. If you require the service of a home health or hospice agency, please consult with your physician or look in the yellow pages of your local telephone directory.

Home Repair

KIBOIS COMMUNITY ACTION -	McAlester	1-918-423-3525
	Poteau	1-918-647-8510
	Stigler	1-918-967-3325
	Wilburton	1- 918-465-3381
LIFTING INDIVIDUALS FOR TOMORROW (LIFT) - Antlers		1-580-298-2921
	Broken Bow	1-580-584-6033
	Hugo	1-580-326-3351
	Idabel	1-580-286-9348
FEED THE NEED FOUNDATION FOR RURAL OKLAHOMA (minor repair)		1-580-981-7005
MASONIC CHARITIES FOUNDATION (KEDDO) -		1-800-722-8180

Housing

CHOCTAW COUNTY

BOSWELL HOUSING AUTHORITY

501 2nd Street, Boswell, OK 74727 1-580-566-2243

CHOCTAW NATION HOUSING

1005 S. 5th Street, Hugo, OK 74743 1-800-235-3087

HUGO HOUSING AUTHORITY

300 13th Place, Hugo, OK 74743 1-580-326-3348 ext. 27

HASKELL COUNTY

BOB MILLER ESTATES - SENIOR LIVING APARTMENTS (KiBois)

For more information contact Pam Harless 1-918-967-9992

CHOCTAW NATION HOUSING

1005 S. 5th Street, Hugo, OK 74743 1-800-235-3087

Housing (continued)

KEOTA HOUSING AUTHORITY

200 W. Grand Circle, Keota, OK 74941 1-918-966-3202

SAVANNA PARK APARTMENTS

505 N.E. 8th, Stigler, OK 74462 1-918-967-0847

STIGLER PUBLIC HOUSING AUTHORITY

200 S.E. B, Stigler, OK 74462 1-918-967-2361

LATIMER COUNTY

BEARD ESTATES

108 Baird Ct, Wilburton, OK 74578 1-918-465-3861

CHOCTAW NATION HOUSING

1005 S. 5th Street, Hugo, OK 74743 1-800-235-3087

WILBURTON HOUSING AUTHORITY

600 E. Ash, #19, Wilburton, OK 74578 1-918-465-2134

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY

12321 S.E. 1023 Avenue, Tuskahoma, OK 74547 1-918-522-4764

LeFLORE COUNTY

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY

Serves Cowlington, OK 74941 1-918-522-4436

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY

Serves LeFlore, OK 74942 1-918-522-4436

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY

Serves Muse, OK 74949 1-918-522-4436

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY

Serves Panama, OK 74951 1-918-522-4436

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY

Serves Whitesboro, OK 74577 1-918-522-4436

TALIHINA HOUSING AUTHORITY

300 1st Street, Talihina, OK 74574 1-918-567-2986



FEED THE NEED
FOUNDATION
— FOR RURAL OKLAHOMA —

FNF OK, Inc.

701 W. Main Street, Suite C

P.O. Box 100

Wright City, OK 74766

580-236-3705 or 918-465-2367

Fax: 580-981-7005



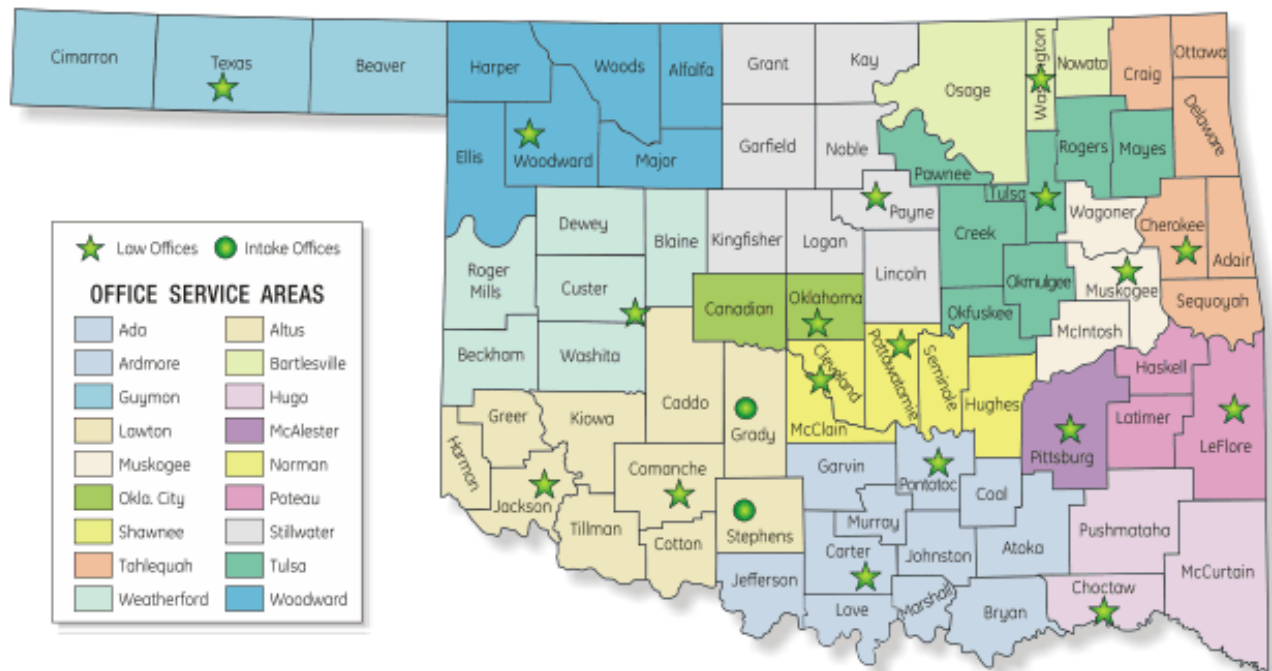
Volunteer * Partner Donate * Participate

LEGAL AID SERVICES OF OKLAHOMA, INC.



Making Equal Justice for All a Reality

LASO Office Service Areas



Hugo Office

Serves Choctaw, McCurtain and Pushmataha counties

Office Hours: Monday through Friday, 8:30 a.m. to 5:00 p.m.

402 East Duke Street

P.O. Box 890

Hugo, OK 74743

Office Phone: 580-326-9655 or 1-800-299-9655

Fax: 580.326.9658

Housing (continued)

HEAVENER HOUSING AUTHORITY 1-918-653-2500

201 E. Avenue I, Heavener, OK 74937

WISTER HOUSING AUTHORITY

702 Senior Drive, Wister, OK 74966 1-918-655-3323

McCURTAIN COUNTY

BROKEN BOW HOUSING AUTHORITY

701 E. 3rd Street, Broken Bow, OK 74728 1-580-584-6939

CHOCTAW NATION HOUSING

1005 S. 5th Street, Hugo, OK 74743 1-800-235-3087

HOUSING AUTHORITY OF THE CHOCTAW ELECTRIC

P.O. Box 360, Rattan, OK 74562 - Battiest Site 1-580-587-2485

HOUSING AUTHORITY OF THE CHOCTAW ELECTRIC

P.O. Box 360, Rattan, OK 74562 - Bethel Site 1-580-587-2485

HOUSING AUTHORITY OF THE CHOCTAW ELECTRIC

P.O. Box 360, Rattan, OK 74562 - Haworth Site 1-580-587-2485

HOUSING AUTHORITY OF THE CHOCTAW ELECTRIC

P.O. Box 360, Rattan, OK 74562 - Smithville Site 1-580-587-2485

IDABEL HOUSING AUTHORITY

901 Lyndon Road, Idabel, OK 74745 1-580-286-9444

VALLIANT HOUSING AUTHORITY

301 E. Harris Street, Valliant, OK 74764 1-580-933-7359

PITTSBURG COUNTY

HAILEYVILLE HOUSING AUTHORITY

615 Wichita, Hartshorne, OK 74547 1-918-297-3270

HARTSHORNE HOUSING AUTHORITY

615 Wichita, Hartshorne, OK 74547 1-918-297-3270

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY

Serves Blanco 1-918-522-4436

THE CHAMP HODGENS ESTATES

100 SENIOR DRIVE HARTSHORNE, OK 74547 1-918-967-3325

Housing (continued)

KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY	
Serves Haywood	1-918-522-4436
KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY	
Serves Indianola	1-918-522-4436
KIAMICHI ELECTRIC COOPERATIVE HOUSING AUTHORITY	
Serves Kiowa	1-918-522-4436
McALESTER HOUSING AUTHORITY	
520 West Kiowa, McAlester, OK 74501	1-918-426-0335 or 1-918-423-3345
PARK PLACE APARTMENTS	
518 West Park, McAlester, OK 74501	1-918-423-2944
<i>PUSHMATAHA COUNTY</i>	
ANTLERS HOUSING AUTHORITY	
25 N.W. A, Antlers, OK 74523	1-580-298-5542
CHOCTAW NATION HOUSING	
1005 S. 5th Street, Hugo, OK 74743	1-800-235-3087
CLAYTON HOUSING AUTHORITY	
517 n. 1st Street, Clayton, OK 74536	1-918-569-4434
HOUSING AUTHORITY OF THE CHOCTAW ELECTRIC	
P.O. Box 360, Rattan, OK 74562	1-580-587-2485
HUD (Housing and Urban Development)	1-405-609-8400
USDA Rural Development (Oklahoma)	1-405-742-1000

Information & Assistance

KEDDO AREA AGENCY ON AGING	1-800-722-8180
CARING ASSISTANCE LINE	1-800-211-2116
2-1-1 COMMUNITY HELPLINE	211

Insurance Assistance

KEDDO AREA AGENCY ON AGING	1-800-722-8180/918-465-2367 or 1-800-211-2116
(Provides information & assistance on Medicare, Medicaid, & other health insurances)	
ACENTRA HEALTH QUALITY IMPROVEMENT ORGANIZATION	1-844-430-9504
(Helps Medicare beneficiaries receive necessary, appropriate, and quality health care)	
MEDICARE ASSISTANCE PROGRAM (MAP)	1-800-763-2828
OKLAHOMA STATE INSURANCE COMMISSIONER	1-800-522-0071
SENIOR MEDICARE PATROL (SMP)	1-800-763-2828

Legal Services

LEGAL AID SERVICES OF OKLAHOMA (Statewide Line)	1-888-534-5243
LEGAL AID SERVICES OF OKLAHOMA (Hugo)	1-580-326-9655
LEGAL AID SERVICES OF OKLAHOMA (McAlester)	1-888-423-2030
LEGAL AID SERVICES OF OKLAHOMA (Poteau)	1-918-647-8136
OKLAHOMA BAR ASSOCIATION	1-405-416-7000
OKLAHOMA DISABILITY LAW CENTER - OKC	1-800-880-7755
TULSA	1-918-743-6220
OKLAHOMA INDIAN LEGAL SERVICES, INC (OILS)	1-800-658-1497

Nursing Home Information

KEDDO AAA OMBUDSMAN PROGRAM	1-800-722-8180
1002 Hwy 2 North, Wilburton, OK 74578	<u>see pg. 30 & 31 for complete listing of nursing homes</u>
(If you have a complaint call Ombudsman Program)	918-465-2367
LONG TERM CARE SERVICES	1-405-271-6868
OKLAHOMA STATE OMBUDSMAN PROGRAM	1-405-521-6743
OKLAHOMA STATE DEPARTMENT OF HEALTH	
License and Certification Division, OKC, OK	1-800-522-0203

Nutrition Programs

FEED THE NEED FOUNDATION FOR RURAL OKLA. (FNF OK, INC) 1-580-236-3705
 700 Main Street, P.O. Box 100, Wright City, OK 74766 fax: 1-580-981-7005

Email: eyoungrd@feedtheneedfoundationok.org

FNF OK, INC serves Older American's Act meals to those 60 years of age and older.

CHOCTAW COUNTY

BOSWELL NUTRITION CENTER 1-580-566-2234
 HUGO NUTRITION CENTER 1-580-326-2523

HASKELL COUNTY

STIGLER NUTRITION CENTER 1-918-967-8381

LATIMER COUNTY

WILBURTON NUTRITION CENTER 1-918-465-2122

LeFLORE COUNTY

POTEAU NUTRITION CENTER 1-918-647-8178
 SPIRO NUTRITION CENTER 1-918-962-9067

McCURTAIN COUNTY

BROKEN BOW NUTRITION CENTER 1-580-584-9379
 IDABEL NUTRITION CENTER 1-580-286-6096
 VALLIANT NUTRITION CENTER 1-580-933-4932

PITTSBURG COUNTY

HARTSHORNE NUTRITION CENTER 1-918-297-3772
 KIOWA NUTRITION CENTER 1-918-432-5522
 McALESTER NUTRITION CENTER– JI STIPE CENTER 1-918-423-0060

Nutrition Programs (continued)

PUSHMATAHA COUNTY

ANTLERS NUTRITION CENTER

1-580-298-3622

Senior Citizens Centers

COMMUNITY EXPANSION OF NUTRITION ASSISTANCE - C.E.N.A. SITES

CHOCTAW COUNTY

BLUFF COMMUNITY CENTER

1-757-537-6876

FORT TOWSON SENIOR CITIZENS CENTER

1-580-317-3233

MESSER SENIOR CITIZENS CENTER

NO PHONE AT CENTER

SOPER SENIOR CITIZENS CENTER

1-580-345-2803

WASHINGTON COMMUNITY CENTER

1-580-326-6125

HASKELL COUNTY

KEOTA SENIOR CITIZENS CENTER

NO PHONE AT CENTER

McCURTAIN SENIOR CITIZENS CENTER

1-918-945-7210

MESSER SENIOR CITIZENS

NO PHONE AT CENTER

TAMAHU SENIOR CITIZENS CENTER

1-918-490-3470

LATIMER COUNTY

FALFA BAPTIST CHURCH/COMMUNITY CENTER

1-918-470-9034

LONG PRAIRIE COMMUNITY CENTER

1-918-471-0547

RED OAK COMMUNITY NUTRITION CENTER

1-918-754-2444

SALONIA COMMUNITY CENTER

1-918-471-7087

VFW OKLAHOMA HOMES INC. COMMUNITY GROUP

NO PHONE AT CENTER

VFW POST 3649 WILBURTON COMMUNITY CENTER

1-918-465-2070

YANUSH COMMUNITY KITCHEN MINISTRIES

1-405-762-3478

Senior Citizens Centers (continued)

LeFLORE COUNTY

FORT COFFEE SENIOR CITIZENS CENTER	1-918-612-4576
HONTUBBY COMMUNITY CENTER	NO PHONE AT CENTER
LeFLORE COMMUNITY CENTER	1-918-448-8365
MONROE COMMUNITY CENTER	1-918-653-3777
POCOLA SENIOR CITIZENS CENTER	1-918-436-7273
STAPP-ZOE COMMUNITY GROUP	1-918-413-1463

McCURTAIN COUNTY

EAGLETOWN SENIOR CITIZENS CENTER	1-580-835-2542
GOLDEN SENIOR CITIZENS CENTER	1-580-420-7054
WRIGHT CITY SENIOR CITIZENS CENTER	1-580-981-2139

PITTSBURG COUNTY

HIGHWAY 9 COMMUNITY CENTER	1-918-452-3232
INDIANOLA SENIOR CITIZENS CENTER	1-918-823-4577
KREBS "GENE HEATHCOCK" COMMUNITY CENTER	1-918-426-0377
MARY LOU TROLINGER CENTER	1-918-334-6808
SAVANNA SENIOR CITIZENS CENTER	NO PHONE AT CENTER

PUSHMATAHA COUNTY

LACY VAN HORN COMMUNITY CENTER	1-903-818-2651
FINLEY COMMUNITY CENTER	NO PHONE AT CENTER
MILLER COMMUNITY CENTER	1-580-271-0732
NASHOBA SENIOR CITIZENS	1-918-755-4644
RATTAN SENIOR CITIZENS CENTER	1-580-587-2395
SARDIS COMMUNITY CENTER	1-918-448-0237
SNOW COMMUNITY BUILDING	NO PHONE AT CENTER

Social Security/Medicare

SOCIAL SECURITY ADMINISTRATION

NATIONAL NUMBER	1-800-722-1213
ANTLERS, McALESTER, STIGLER, WILBURTON	1-877-893-4665
902 S. George Nigh, McAlester, OK 74501	TTY 1-800-325-0778
POTEAU, BROKEN BOW	1-877-405-7697
1306 Tarby Road, Poteau, OK 74953	TTY 1-800-325-0778
HUGO, IDABEL	1-888-619-4772
2805 Pine Mill Road, Paris, TX 75460	1-800-325-0778
KEDDO AREA AGENCY ON AGING	1-800-722-8180/1-918-465-2367 or 1-800-211-2116
(Provides information & assistance on Medicare, Medicaid, & other health insurances)	
ACENTRA HEALTH QUALITY IMPROVEMENT ORGANIZATION	1-888-315-0636
(Helps Medicare beneficiaries receive necessary, appropriate, and quality health care)	
MEDICARE ASSISTANCE PROGRAM (MAP)	1-800-763-2828
OKLAHOMA STATE INSURANCE COMMISSIONER	1-800-521-2828
SENIOR MEDICARE PATROL (SMP)	1-888-763-2828

Senior Organizations

AARP (American Association of Retired Persons)	1-888-687-2277
AARP OKLAHOMA	1-866-295-7277
OKLAHOMA RETIRED EDUCATORS ASSOCIATION	1-800-310-2230
OKLAHOMA SILVER HAired LEGISLATORS (OSHL) for Info. call	1-405-208-2048

Transportation

DISABLED AMERICAN VETERANS (Oklahoma)	1-405-521-0758
KIBOIS COMMUNITY ACTION—	
McAlester	1-918-423-3525
Poteau	1-918-647-8510
Spiro	1-918-962-2090
Stigler	1-918-967-3365
Talihina	1-918-567-2190
Wilburton	1- 918-465-5523
LIFTING INDIVIDUALS FOR TOMORROW (LIFT) - Antlers	1-580-298-6565
Broken Bow	1-580-584-6033
Clayton	1-918-569-7325
Hugo	1-580-326-3466
Idabel	1-580-286-5384

Vision Services

AMERICAN COUNCIL OF THE BLIND	1-800-424-8666
DEAN McGEE EYE INSTITUTE	1-405-271-6060
NATIONAL EYE CARE PROJECT (Eye Care America)	1-800-222-3937
65 years of age and older & no insurance	
NEW EYES FOR THE NEEDY	1-973-376-4903
OKLAHOMA LIBRARY FOR THE BLIND	1-405-521-3514
Talking books & other programs for the visually impaired	1-800-523-0288
PREVENT BLINDNESS OKLAHOMA - Tulsa	1-918-496-3484
- OKC	1-405-848-7123

Volunteer Programs

CENTENARIAN CLUB OF OKLAHOMA -	1-918-510-0150
NURSING HOME OMBUDSMAN PROGRAM - KEDDO AAA	1-800-722-8180
	1-918-465-2367
MEDICARE ASSISTANCE PROGRAM (MAP) -	1-800-763-2828
Volunteers may help in what ever capacity they like regarding the MAP Program	
RETIRED SENIOR VOLUNTEER PROGRAM -	1-918-967-3325
Sandie Kemp, Director KiBois Community Action	

Oklahoma Area Agencies on Aging

<u>AREAWIDE AREA AGENCY ON AGING</u> - (District 7)	1-405-942-8500
4101 Perimeter Center Drive, Suite 310, OKC, OK 73112	
Counties served: Oklahoma, Cleveland, Logan, & Canadian	
Website: www.areawideaging.org	
<u>ASCOG AREA AGENCY ON AGING</u> - (District 9)	1-580-736-7036
P.O. Box 1647, Duncan, OK 73534	
Counties served: Caddo, Comanche, Cotton, Grady, Jefferson, McClain, Stephens, & Tillman	
Website: www.ascog.org	
<u>COEDD AREA AGENCY ON AGING</u> - (District 5)	1-405-273-6410
400 N. Bell - P.O. Box 3398, Shawnee, OK 74801	
Counties served: Hughes, Lincoln, Okfuskgg, Pawnee, Payne, Pottawatomie, & Seminole	
Website: www.coedd.net	
<u>EODD AREA AGENCY ON AGING</u> - (District 2)	1-918-682-7891
1012 N. 38th Street, Muskogee, OK 74402	
Counties served: Wagoner, Cherokee, Adair, Okmulgee, Muskogee, McIntosh, & Sequoyah	
Website: www.eoddok.org	
Also covers NWPSA11 counties of Beaver, Cimarron, Dewey, Ellis, Harper, Texas, Woods, & Woodward	
NWPSA10 counties of Beckham, Custer, Greer, Harman, Jackson, Kiowa, Roger Mills, & Washita	
<u>GRAND GATEWAY AREA AGENCY ON AGING</u> - (District 1)	1-918-783-5793
333 South Oak Street, Big Cabin, OK 74332	
Counties served: Washington, Nowata, Craig, Ottawa, Rogers, Mayes, & Delaware	
Website: www.grandgateway.org	
<u>INCOG AREA AGENCY ON AGING</u> - (District 6)	1-918-584-7526
2 West 2nd Street, Suite 800, Tulsa, OK 74103	
Counties served: Tulsa, Creek, Osage	
Website: www.incog.org/Agency_on_Aging	

Oklahoma Area Agencies on Aging (continued)

KEDDO AREA AGENCY ON AGING - (District 3)

1-800-722-8180

1002 Hwy. 2 North, Wilburton, OK 74578

1-918-465-2367

Counties served: Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, & Pushmataha

Website: www.keddo.org

LONG TERM CARE AUTHORITY OF ENID - (District 7)

1-580-234-7475

202 w. Broadway Avenue, Suite A, Enid, OK 73701

Counties served: Alfalfa, Blaine, Garfield, Grant, Kay, Kingfisher, Major, & Noble

Website: www.ltcaenid.org

SODA AREA AGENCY ON AGING - (District 4)

1-580-920-1388

P.O. Box 709, Durant, OK 74702

Counties served: Garvin, Pontotoc, Coal, Murray, Carter, Johnston, Atoka, Love,
Marshall, & BryanWebsite: www.soda-ok.org/area-agency-on-aging

Title VI Native American Community Centers

CHOCTAW NATION COMMUNITY CENTERS

ANTLERS - 302 S.W. "O" Street, Antlers, OK 74523	1-580-298-5501
BETHEL - 3600 Indian HWY 144, Bethel, OK 74724	1-580-241-7781
BROKEN BOW - 1346 Martin Luther Kind Drive, Broken Bow, OK 74728	1-580-584-6372
CROWDER - 707 Bond Street, Crowder, OK 74430	1-918-334-5344
HUGO - 1304 West Victor, OK 74743	1-580-924-7810
IDABEL - 2408 East Lincoln, Idabel, OK 74745	1-580-286-6116
McALESTER - 3274 Afullota Hina, McAlester, OK 74501	1-918-423-1016
POTEAU - 208 "B" Street, Poteau, OK 74953	1-918-647-9324
SMITHVILLE - 39618 North HWY 259, Smithville, OK 74957	1-580-244-3289
SPIRO - 19400 AES Rd, Spiro, OK 74959	1-918-962-3832
STIGLER - 2208 East Main Street, Stigler, OK 74462	1-918-967-2398
TALIHINA - 100 Railroad Street, Talihina, OK 74571	1-918-567-2106
WILBURTON - 1506 NW 1003 Ave, Wilburton, OK 74578	1-918-465-2389
WRIGHT CITY - 5718 Rodeo Grounds Rd, Wright City, OK 74766	1-580-981-7011

Native American Resources

CHOCTAW NATION OF OKLAHOMA TRIBAL HEADQUARTERS 1802 Chukka Hina, Durant, OK 74701	1-800-522-6170
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[See www.choctawnation.com for a complete listing of programs](http://www.choctawnation.com)

Web Sites For Seniors

2-1-1 OF SOUTHEASTERN OKLAHOMA	www.211oklahoma.org
AARP (American Association of Retired Persons)	www.aarp.org
ADMINISTRATION FOR COMMUNITY LIVING	www.acl.gov
STATE AGENCIES ON AGING	www.oklahoma.gov
STATE LONG TERM CARE OMBUDSMAN	www.oklahoma.gov
STATE LEGAL ASSISTANCE FOR ELDERLY	www.legalaidok.org
ALZHEIMER'S ASSOCIATION	www.alz.org
AMERICAN CANCER SOCIETY	www.cancer.org
AMERICAN HEART ASSOCIATION	www.heart.org
CAREGIVER SUPPORT	www.caregiving.com
CHOCTAW NATION OF OKLAHOMA	www.choctawnation.com
ELDERCARE LOCATOR	www.eldercare.gov
FEMA (Federal Emergency Management Association)	www.fema.gov
HOSPICE SUPPORT	www.hospicenet.org
HOSPICE FOUNDATION OF AMERICA	www.hospicefoundation.org
IRS (Internal Revenue Service)	www.irs.gov
LIFELINE AND LINKUP SERVICE PROGRAM	www.lifelinesupport.org
MEDICARE	www.medicare.gov
MEDICARE PRESCRIPTION DRUGS EXTRA HELP	www.ssa.gov
MEDICARE NURSING HOME COMPARE	www.medicare.gov/NHCompare/home
NATIONAL CARE PLANNING COUNCIL	www.longtermcarelink.net
NATIONAL AGING & DISABILITY TRANSPORTATION CENTER	www.nadtc.org
NATIONAL INSTITUTE ON AGING	www.nia.nih.gov
NATIONAL INSTITUTE ON HEALTH	www.nih.gov
OKLAHOMA ASSOCIATION OF AREA AGENCIES ON AGING (O4A)	www.o4aOklahoma.org
OARC (Oklahoma Association of Regional Councils)	www.oarcok.org
OKLAHOMA DEPARTMENT OF HUMAN SERVICES	www.okdhs.org
OKLAHOMA LEGISLATURE	www.oklegislature.gov
OKLAHOMA TAX COMMISSION	www.oktax.state.ok.us
SENIOR CORPS AND RSVP	www.seniorcorps.org
SOCIAL SECURITY ADMINISTRATION	www.ssa.gov

Web Sites For Seniors (continued)

U.S.D.A. RURAL DEVELOPMENT	www.rd.usda.gov
U.S. HOUSE COMMITTEE ON WAYS AND MEANS	https://waysandmeans.house.gov
U.S. SPECIAL COMMITTEE ON AGING	www.aging.senate.gov
VETERANS ADMINISTRATION	www.va.gov
VETERANS ADMINISTRATION - OKLAHOMA	https://.odva.ok.gov

Nursing Home Facilities

CHOCTAW COUNTY

Elmbrook of Hugo, 1200 West Finley, Hugo, OK 74743 580-326-8383

HASKELL COUNTY

Haskell County Nursing Home, 1402 NW 7th, Stigler, OK 74462 918-967-3381

LATIMER COUNTY

Latimer Nursing Home, 103 SW 9th Street, Wilburton, OK 74578 918-465-2255

Tidwell Living Center, 900 West Ranchwood Drive, Wilburton, OK 74578 918-465-5020

LeFLORE COUNTY

Heavener Nursing and Rehab, 114 West 2nd Street, Heavener, OK 74937 918-653-2464

Pocola Nursing Home, 200 Home Street, Pocola, OK 74902 918-436-2228

Riverside Health Services, 1008 Arkansas Street, Arkoma, OK 74901 918-875-3107

Spiro Nursing Home, Inc., 401 S. Main Street, OK 74959 918-962-2308

Talihina Manor, 301 Emmert, Talihina, OK 74571 918-567-2279

The Oaks Health Care Center, 1501 Clayton Street, Poteau, OK 74953 918-647-8236

Nursing Home Facilities (continued)

McCURTAIN COUNTY

<i>Broken Bow Nursing Home</i> , 700 West Jones Street, Broken Bow, OK 74728	580-584-6433
<i>Hills Nursing Home</i> , 808 NW M.L. King Ave, Idabel, OK 74745	580-286-5398
<i>Memorial Heights Nursing Home</i> , 1305 SE Adams, Idabel, OK 74745	580-286-3366

PITTSBURG COUNTY

<i>Beare Manor Nursing Home</i> , 1300 N Drive, Hartshorne, OK 74547	918-297-7000
<i>Belfair of McAlester</i> , 802 Windsong Way, McAlester, OK 74501	918-423-7020
<i>Heritage Hill Nursing Center</i> , 411 N West Street, McAlester, OK 74502	918-423-2920
<i>McAlester Nursing Center</i> , 615 East Morris Street, McAlester, OK 74501	918-426-4010
<i>Mitchell Manor Nursing Home</i> , 315 West Electric Ave, McAlester, OK 74501	918-423-4661
<i>New Hope Retirement & Care NH</i> , 1220 East Electric, McAlester, OK 74501	918-423-9095
<i>New Hope Retirement & Care Center Residential Care</i> , 1220 East Electric, McAlester, OK 74501	918-423-9095
<i>Van Buren House Assisted Living</i> , 1500 E. Van Buren, McAlester, OK 74501	918-426-5600
<i>Walnut Grove Living Center</i> , 1001 S. George Nigh Expressway, McAlester, OK 74502	918-423-7373

PUSHMATAHA COUNTY

<i>Antlers Nursing Home</i> , 511 East Main, Antlers, OK 74523	580-298-3294
<i>Choctaw Nursing Home</i> , 400 SW "O" Street, Antlers, OK 74523	580-298-5528

KEDDO Area Agency on Aging Information & Assistance

Serving Senior Citizens in the Counties of:

Choctaw, Haskell, Latimer, LeFlore, McCurtain, Pittsburg, & Pushmataha

Information & Assistance is provided on the following services:

Advocacy—Social Security Information—Medicare Assistance

Legal Services—Veterans Administration—Education & Training

Assisted Transportation—Transportation—Congregate Meals

Outreach—Project COOL—Home Delivered Meals—Silver Haired Legislature

Ombudsman/Nursing Home Assistance—Volunteer Opportunities

CARING ASSISTANCE LINE

1-800-211-2116

Senior Health Insurance Counseling Program/ Medicare Assistance Program

Free Health Insurance Counseling for Senior Citizens. The SHIP/MAP division of the Oklahoma Insurance Department assists senior citizens with their health insurance issues through volunteer counselors.

To request assistance or become a SHIP/MAP volunteer, please call:

OKC—1-800-763-2828

Tulsa—1-918-295-3700